



BODY & SOUL

On an island in the Gulf of Thailand, Erdem, a young Turkish man with a sad look in his eyes, dedicates his life to practicing Muay Thai, Thai boxing. Alongside his coach Jack, he trains hard to compete in the Rajadamnern Stadium tournament in Bangkok and win a prize that could change his life and that of his family in Istanbul. The training sessions follow one another at a hellish pace when one day he meets Luna, a young Norwegian woman who has just arrived on the island. An adventurer at heart, she has left everything behind to come and fight in Thailand. Together, Luna and Erdem shape their bodies and minds with a single goal in mind: to win. Despite deprivation, injuries, and money problems, Luna and Erdem continue to smile on social media, and nothing seems to discourage them in their quest to reach the top. Through victories and defeats in the ring, the film charts the strange territory of their love story.

Script

Louis Hanquet

Direction

Louis Hanquet

Production

Valérie Montmartin

With the participation of

CNC

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EUROPE CREATIVE MEDIA

Genre

Documentary

Duration

Feature film

Langage

Turkish, Thai, English

Countries

France

Year of production

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